Speech and Language Therapy – a whistle-stop tour

Sonia Lozano Specialist Speech and Language Therapist Great Ormond Street Hospital for Children NHS Trust

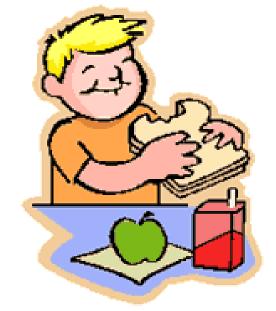
SLT as part of the clinical team

- All LSDs
- MPS III/Infantile Pompe predominance
- Feeding/Swallowing
- Communication

Eating and Drinking- the basics

safety



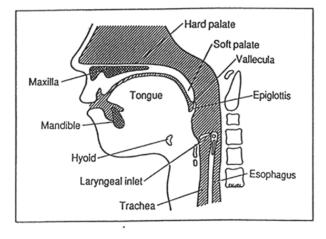


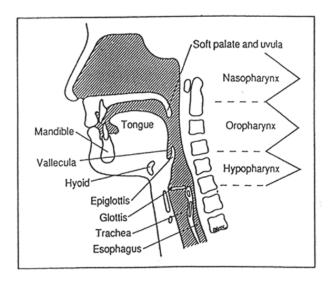
social



adequacy

The Mechanics





 Anatomy
 Infants

 Suck-swallowbreathe
 Respiration

Thinking about swallowing.....

- The normal swallow
- What happens when you swallow?
- Try swallowing with:
 - your head back vs chin down
 - Your mouth open
 - fast respiratory rate

Safety

- Airway protection
- Aspiration: The entry of foreign material in to the airway, below the level of the vocal folds
- Signs:
 - Colour change
 - Coughing/choking
 - Change in respiratory rate
 - Chest infections/aspiration pneumonia

Assessment – what do we do?

HistoryWatchListen

Videofluoroscopy

Image of videofluoroscopy clinic

Videofluoroscopy

videofluoroscopy

What about in Pompe?

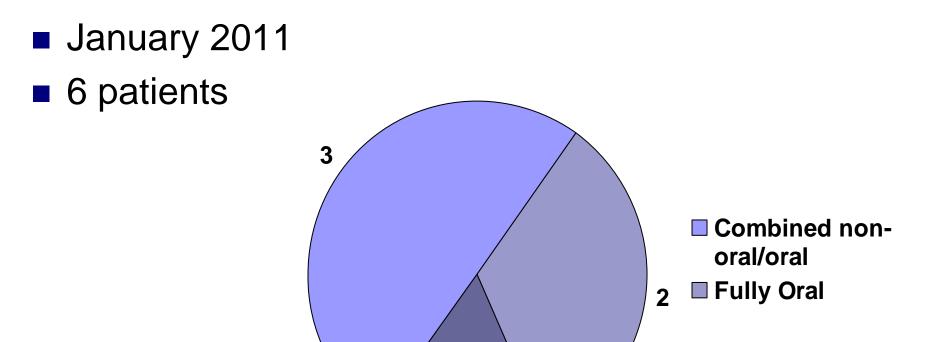
- Jones et al (2009)
 - □ 100% some feeding difficulties
 - □77% airway invasion
 - □ 38% aspiration
 - No clear relationship between swallow dysfunction and overall clinical picture

What can we do?

- Positioning
- Consistencies/Textures
- Nutrition management
- Positive experiences/desensitisation



GOSH caseload



1

Non-oral

What is communication?

"The exchange of thoughts, messages, or information...Interpersonal rapport."

Thefreedictionary.com

- Language
- Speech
- Voice

How does children's language develop?



Speech

Vocal fold vibration
 Modification of sound via

 Oral/nasal airflow
 Articulators

Where are sounds made? k g ng b р **LIPS BACK OF** TONGUE f V tdsznl

LIPS &

TEETH

FRONT OF

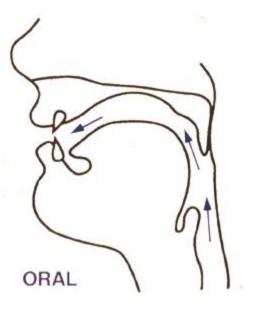
What about Infantile Pompe?

- Exciting time
- Muller et al (2009)
 - □ Language delay @ 18 months 42%
 - Reassessment @ 37months 83% resolved
 - □ Speech sound errors 82%
 - □ Hypernasality 82%

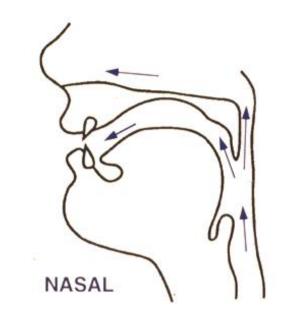
How the palate works for speech

Palate raised & touching back of throat. Air directed out of mouth.

Sounds: p/b, t/d, k/g, f/v, s/z, sh, ch



Palate raised but not touching back of throat. Air escapes through nose. Sounds: *m*, *n*, *ng*



Lateral speech x-ray

Summary

- Emerging evidence
- Feeding and communication both affected
- Evidence of improvements in both fields.
- Natural history???
- Effects of ERT???