Post mortem investigation of Inherited Metabolic Disease

- the last opportunity for a diagnosis -

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SIDS/SUDI

- Incidence 1:1000 live births
- 25% of deaths in the first year of life
- Precise cause remains unexplained in ~80% of cases
- 3-6% due to inherited metabolic disease

Metabolic causes of SIDS

- Fatty acid oxidation defects
 - e.g. MCAD
- Urea cycle disorders
 - e.g. OTC
- Organic acidurias
 - e.g. MMA, PA, IVA
- Congenital lactic acidosis
 - e.g. PDH, respiratory chain defects
- Carbohydrate disorders
 - e.g. galactosaemia, GSD type I

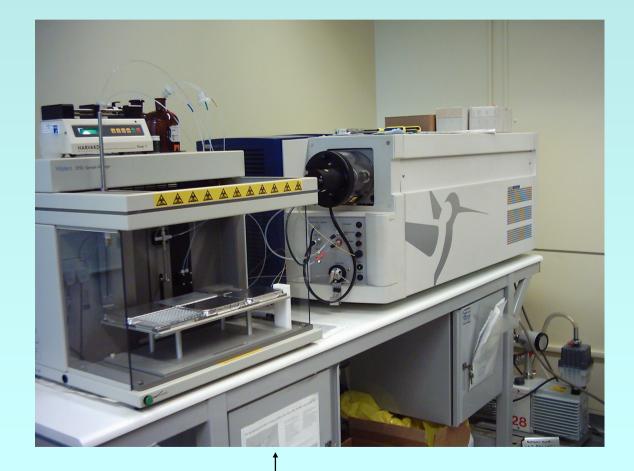
How can we investigate possible IEM after death?

- Urine Organic acids
- Eye fluid e.g. 7(OH)octanoate
- Acylcarnitine profiling by MS/MS
 - DBS
 - Bile
 - CSF
 - Fibroblast studies
 - DNA not usually indicated

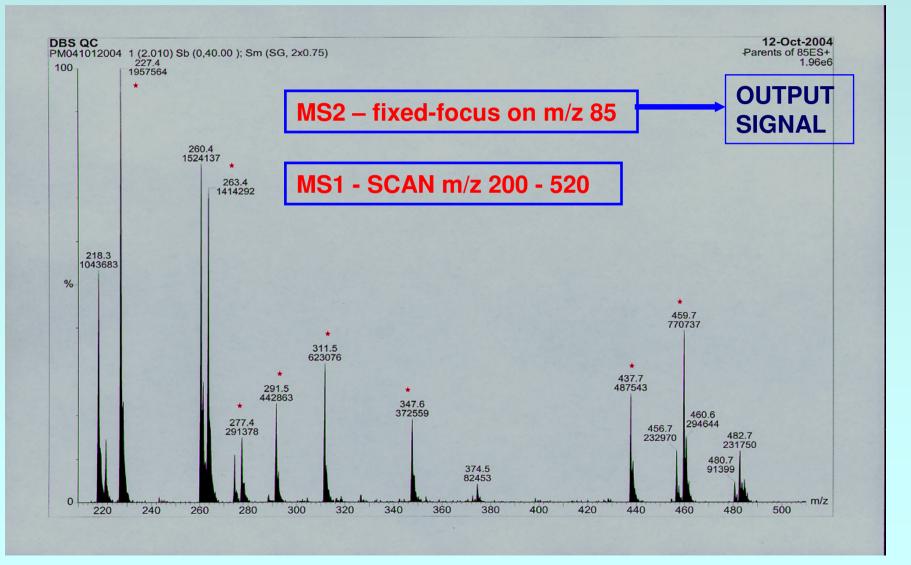
Acylcarnitines: key diagnostic metabolites

- Acylcarnitines reflect Acyl-CoAs accumulating upstream of a metabolic block – reversible conversion by the action of carnitine acyl transferases.
 ACYL - CoA + carnitine < ACYL - carnitine + CoA
- Profiles mainly in <u>dried blood spots</u>, <u>plasma</u>, <u>bile & CSF</u>
- History: profiling achieved by a variety of techniques GC, HPLC, GCMS [>30 mins per sample] - FAB-MS/MS (1990s), and then <u>Electrospray (ESI-MS/MS)</u> (2 mins per sample)

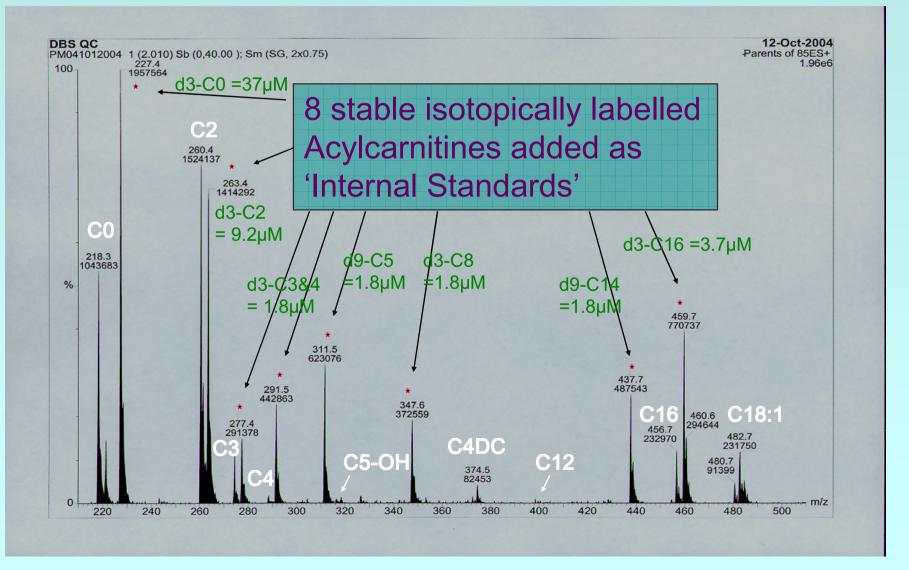
QuattroLC MS/MS



'Parents of 85' ...quantitative profile by stable isotope dilution (8 internal standards*).



'Parents of 85' ...quantitative profile by stable isotope dilution.



How can we investigate after death?

- Consider going straight to fibroblast studies if:-
 - No blood /bile taken at PM
 - but strong evidence / family history of IMD
 - e.g. fat deposition in renal tubule cells
 - or pre-mortem samples suggest IMD
 - Fibroblasts
 - Flux assays
 - Acylcarnitine profiling
 - Specific enzyme assays e.g. GAI

Establishing Normal Post Mortem Reference Ranges for acylcarnitines

- Very little data available in literature
 - One large study ~7000 samples
 - Chace et al 2001 (USA & Canada)
- BUT
 - Little hard data on confirmation of "presumed" diagnoses
 - Exception MCAD

Chace et al 2001 (US & Canada)

- Established reference ranges for a range of acylcarnitine species C0 – C16
- 855 DBS & 30 bile spots
- Very wide reference ranges (μmol/L)
 - C8 0.02-1.03 in DBD
 - C8 0.47 24 in bile
 - Contrast DBS for Newborn screening C8 < 0.3
- Also suggested some diagnostic ratios
 - e.g. C8/C10 in MCAD, C14:1/C12:1 in VLCAD

Chace et al - Findings

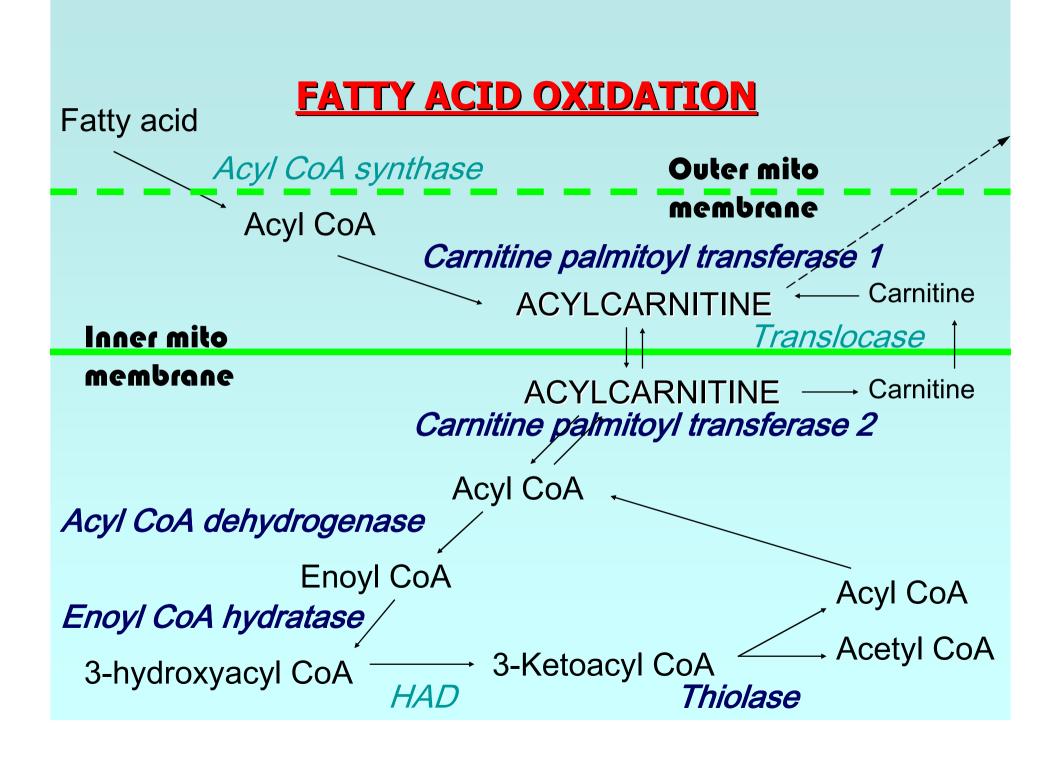
- 66 specimens suggested a metabolic disorder
- 23 MCAD (most confirmed by mutation)
- 9 VLCAD (very-long chain acyl-CoA)
- 8 Multiple acyl-CoA dehydrogenase deficiency (MADD)
- 6 CPTII/ CACT (carnitine palmitoyltransferase type II)
- 4 Primary carnitine deficiency
- 4 LCHAD/TFP (Long-chain 3-hydroxyacyl-CoA dehydrogenase)
- 3 glutaric acidaemia type I (GAI)
- 4 Isovaleryl-CoA dehydrogenase deficiency
- 5 MMA/PA, MSUD

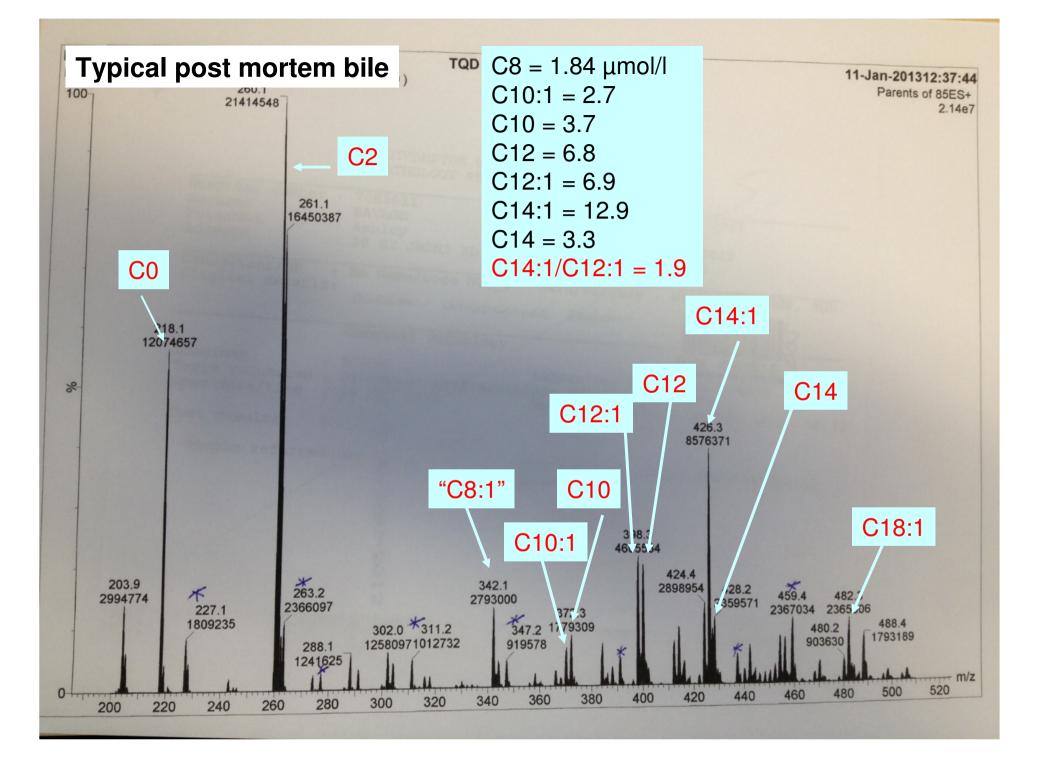
Data from Sheffield/Bristol/Leicester

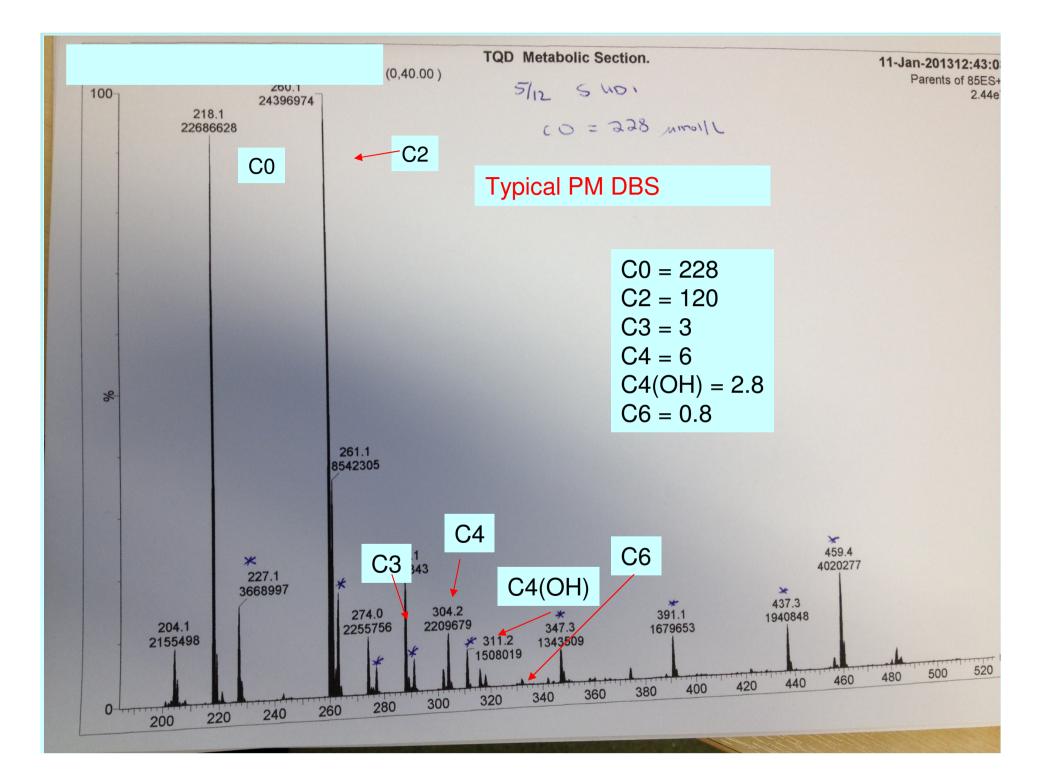
- 2004 –2007
- ~120 PM Dried Blood Spots
- ~40 Bile samples
- ~20 CSF samples

Post mortem reference ranges

	Postmortem DBS (n = 56) Median (Range)	Postmortem BILE (n = 26) Median (Range)
тс	215.47 (11.58 – 554.90)	302.51 (51.8 - 1004.)
С0	141.92 (7.16 – 423.65)	205.36 (5.45 - 533.28)
C4	5.3 (0.19 – 17.60)	2.63 (0.29 - 20.24)
C5:1	0.08 (0.01 – 0.35)	0.28 (0.08 - 2.11)
С5-ОН	0.36 (0.04 – 1.2)	0.51 (0.14 - 1.15)
C8	0.18 (0.02 – 0.86)	0.53 (0 - 51.47)
C10:1	0.06 (0.02 – 0.24)	0.59 (0 – 50.4)
C10	0.1 (0.02 - 0.81)	059 (0 - 39.01)
C5-DC	0.16 (0.02 – 0.62)	0.40 (0 - 1.5)
C14:1	0.09 (0.02 – 0.32)	0.35 (0.03 – 13.23)
C14	0.18 (0.02 – 0.62)	0.32 (0.05 - 3.61)
C16	0.74 (0.1 - 2.41)	0.60 (0.09 - 5.52)
С16-ОН	0.045 (0.01 - 0.14)	0.16 (0.03 – 1.98)
C18:1	0.79 (0.14 – 2.89)	0.70 (0.09 - 4.31)
C8/C10	1.53 (0.33 – 6.3)	0.80 (0 – 3.33)

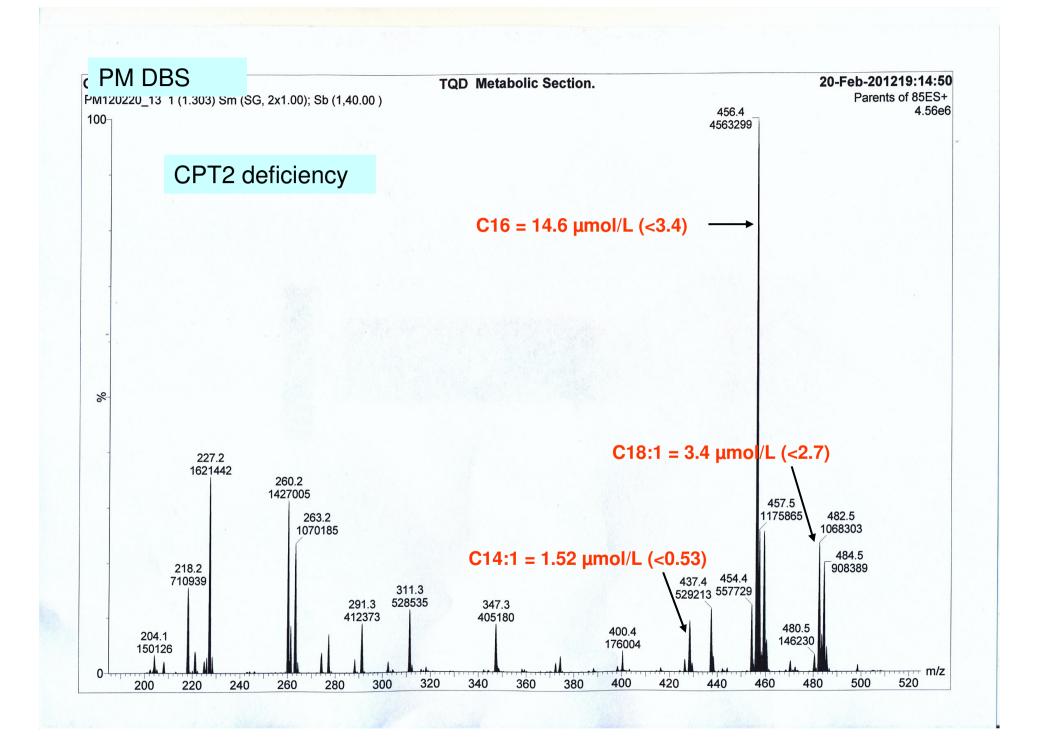






Unwell from day 3 Brought into hospital - died soon after

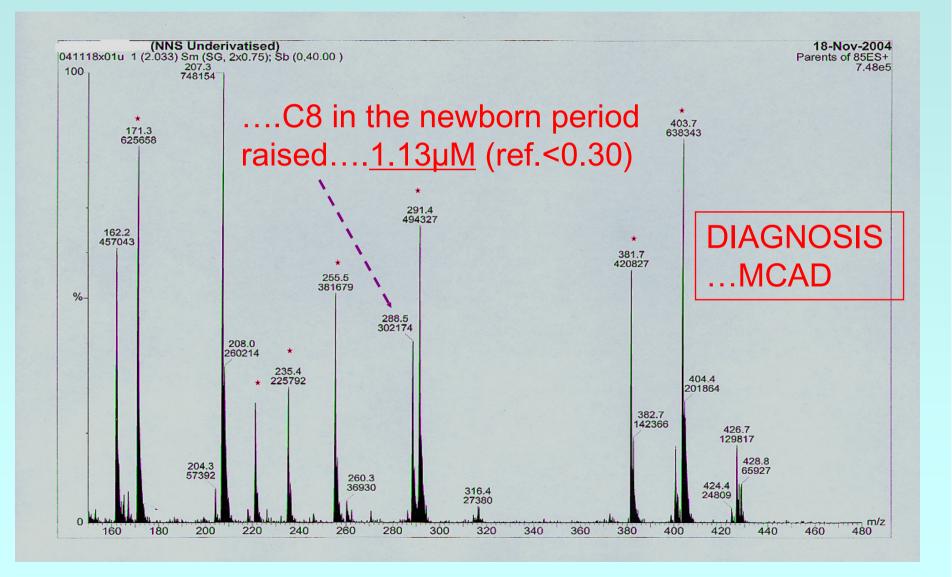
- PM showed extensive fatty change –
- No Skin biopsy obtained
- PM blood only



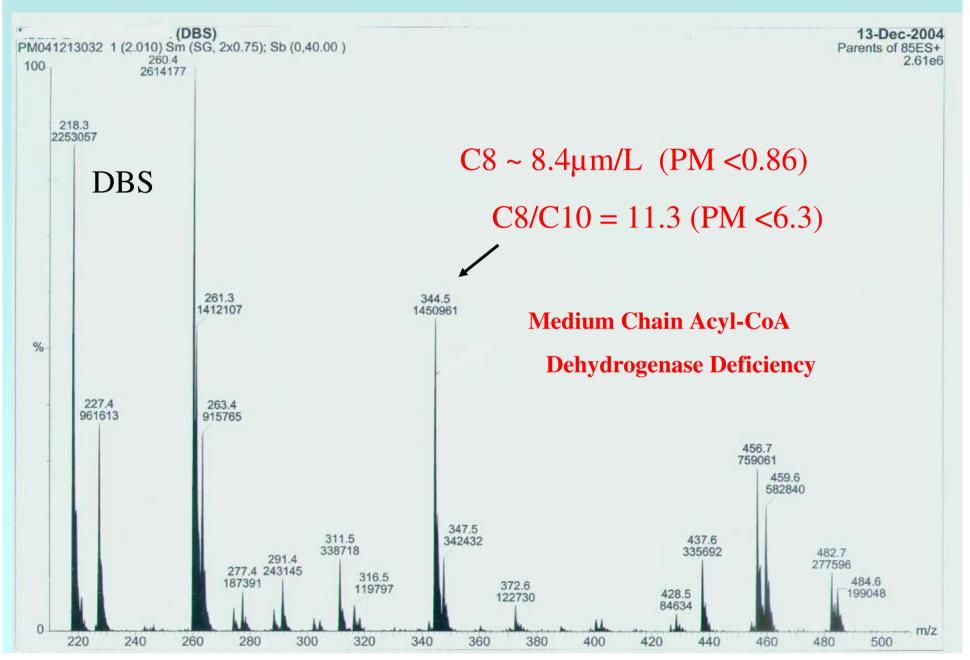
Medium chain acyl-CoA dehydrogenase deficiency MCAD Natural history of this disease

- Well at birth
- Sudden decompensation during intercurrent infections / fasting during early infancy/childhood
- Hypoglycaemia, hepatomegaly, encephalopathy, seizures
- Easily treated with avoidance of fasting /emergency regimen during infection

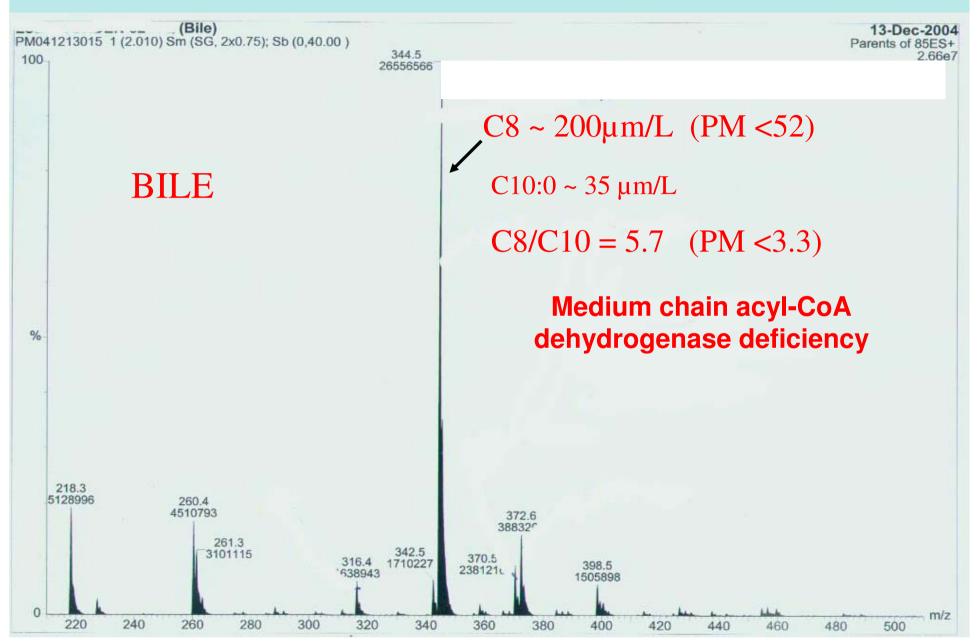
Acylcarnitines in neonatal blood spot in MCAD



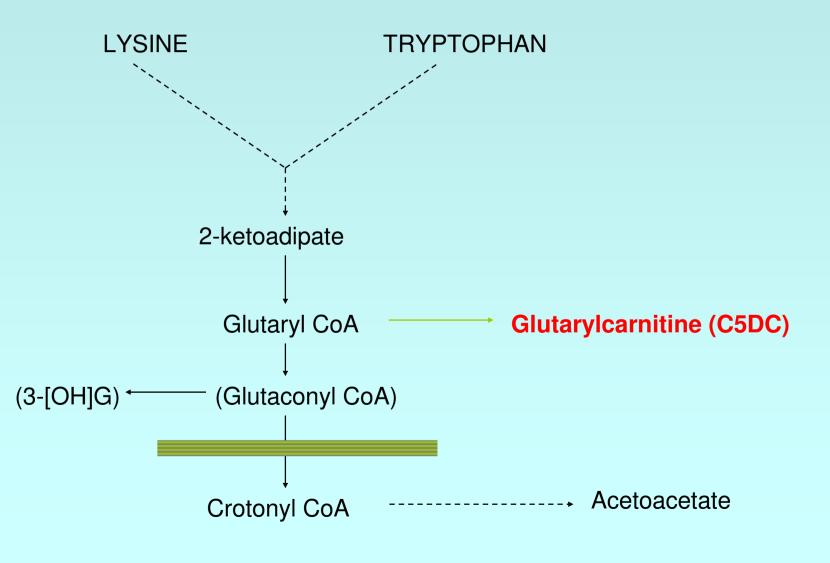
Post mortem sample



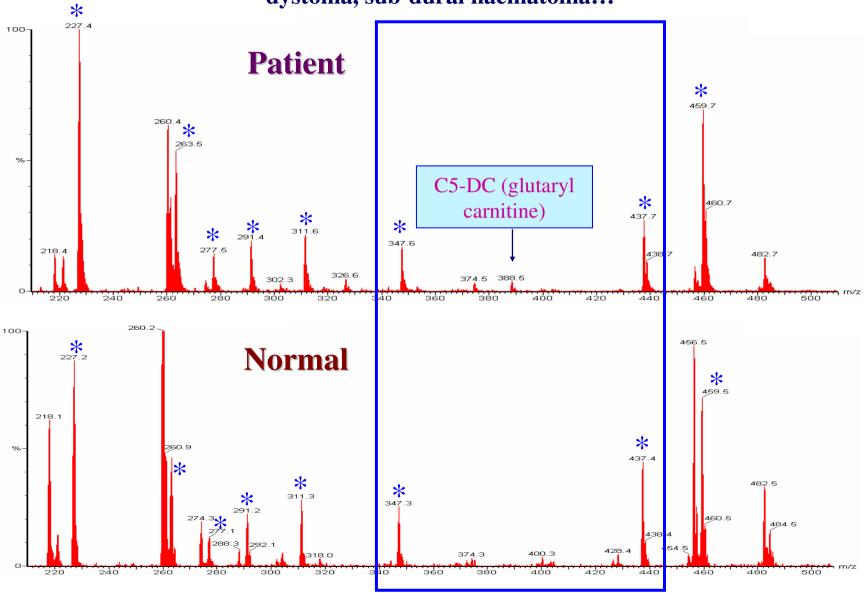
Post mortem sample

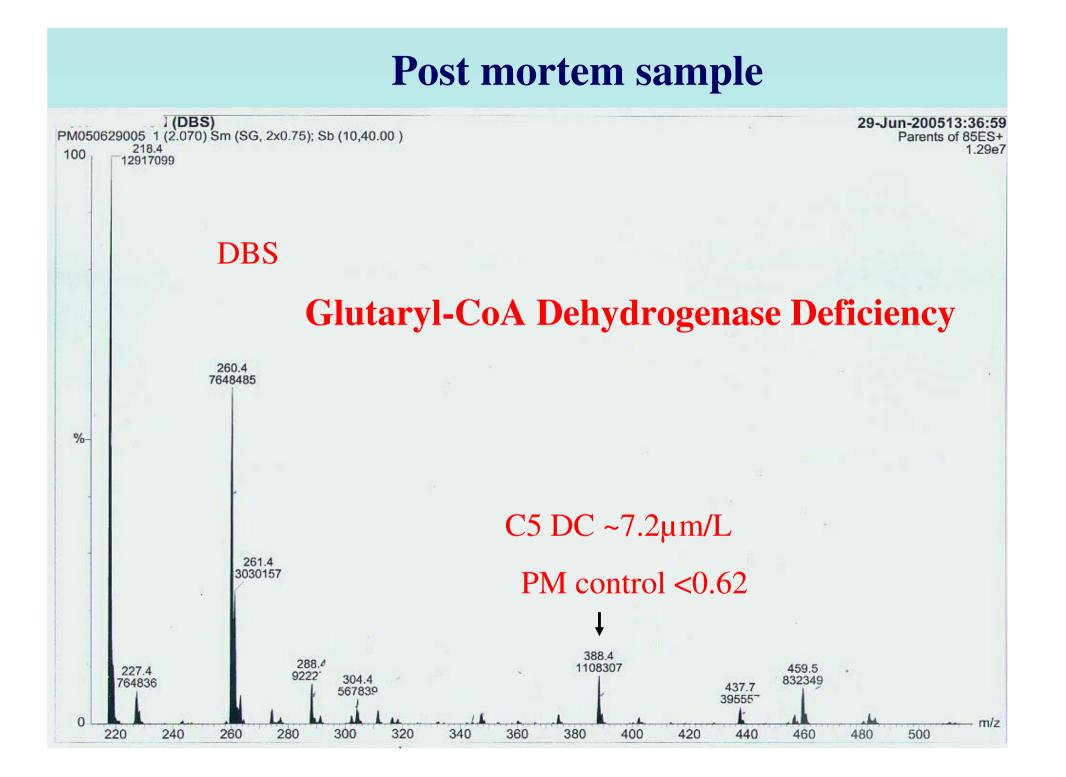


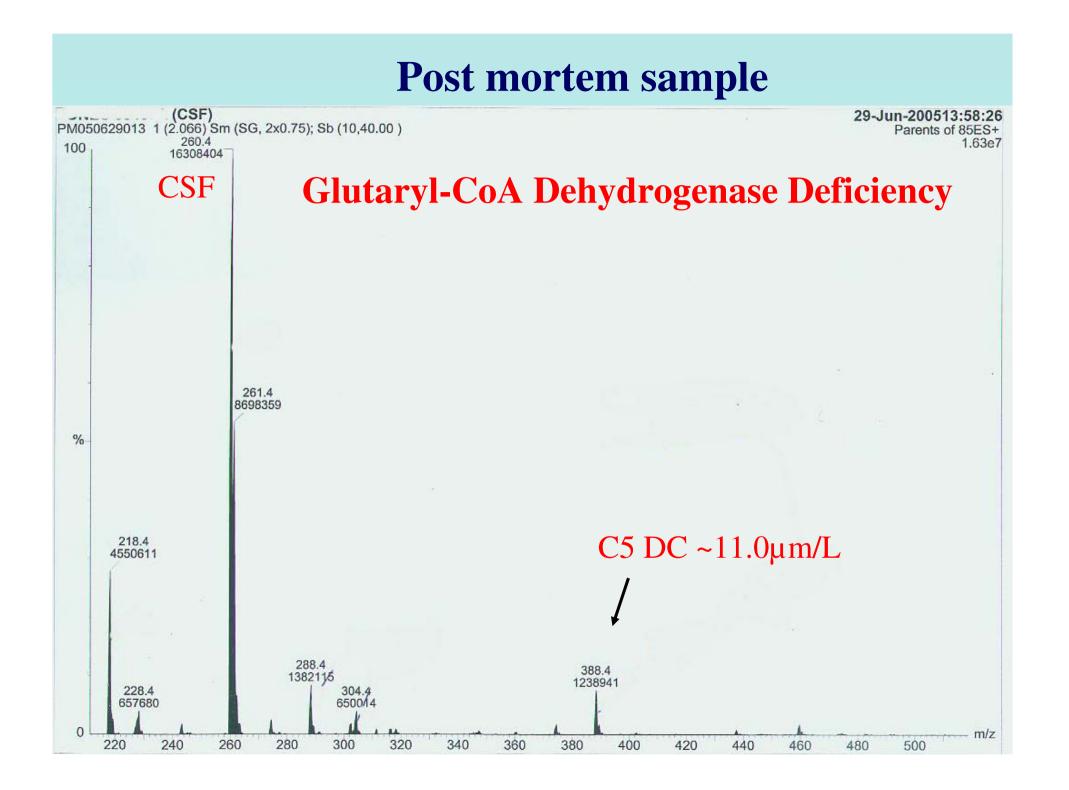
Glutaryl CoA dehydrogenase deficiency (GA1)

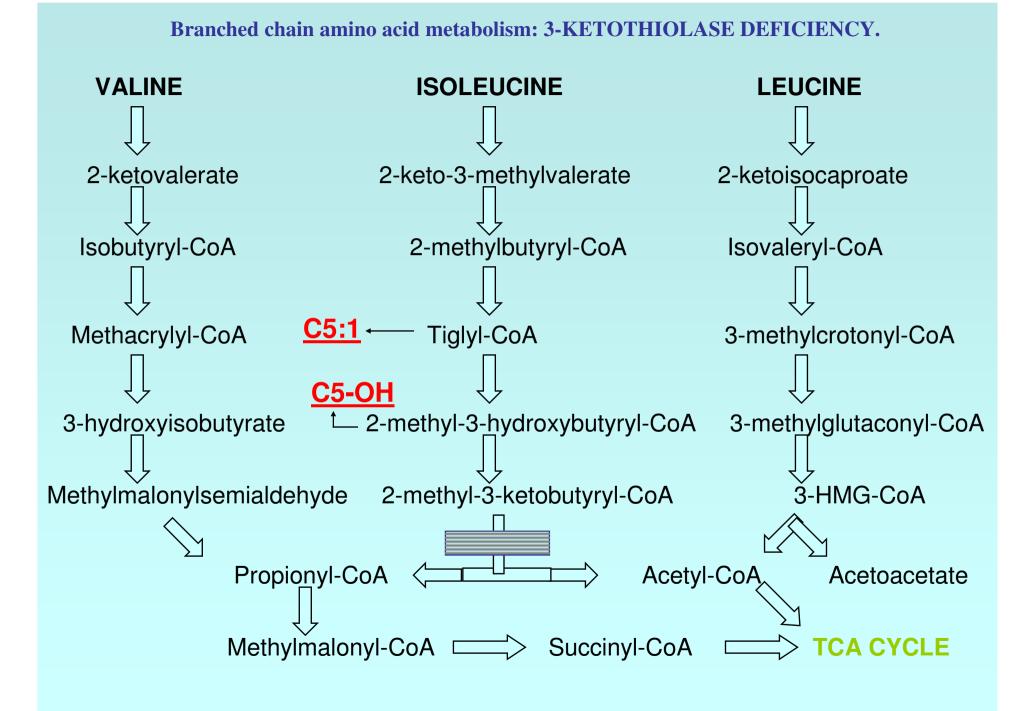


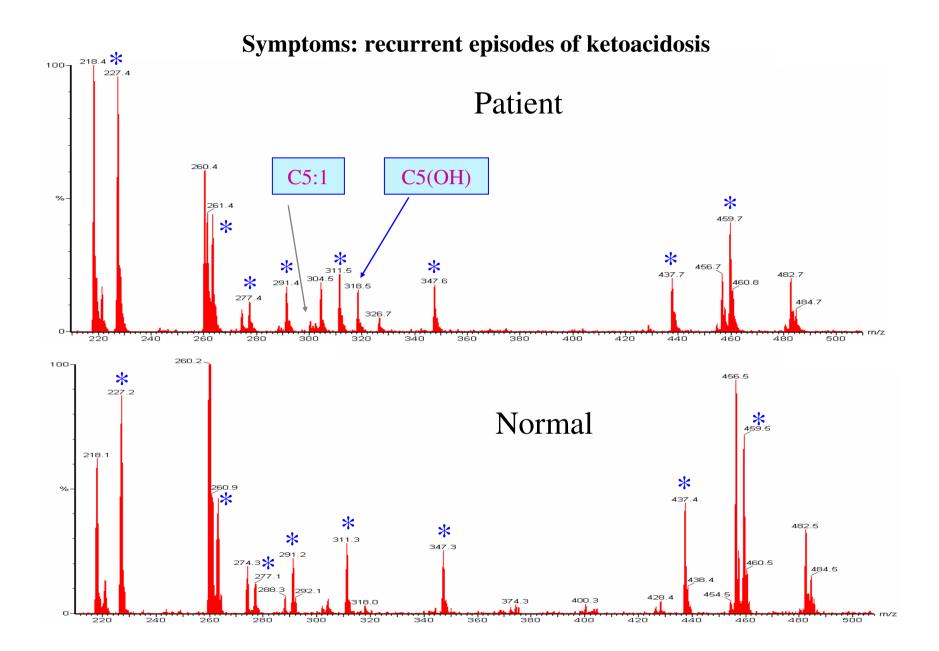
May exhibit: macrocephaly, fronto-temporal atrophy, acute encephalopathic crisis, dystonia, sub-dural haematoma...



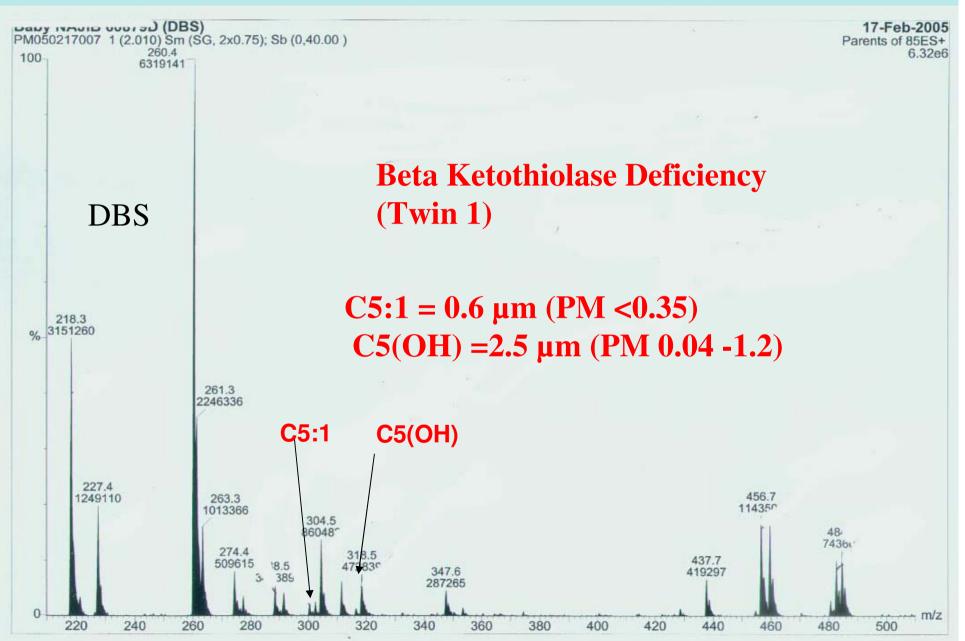




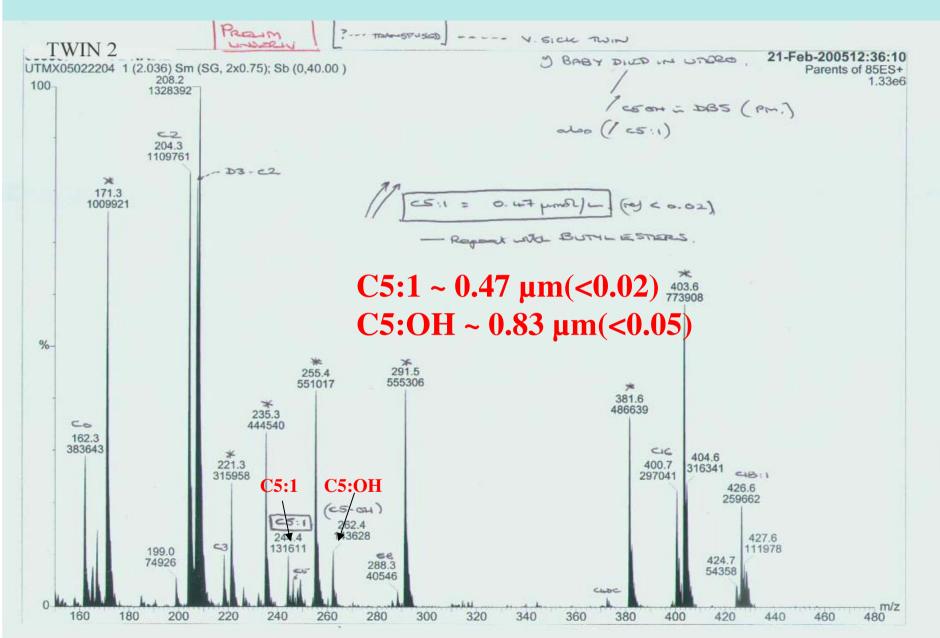


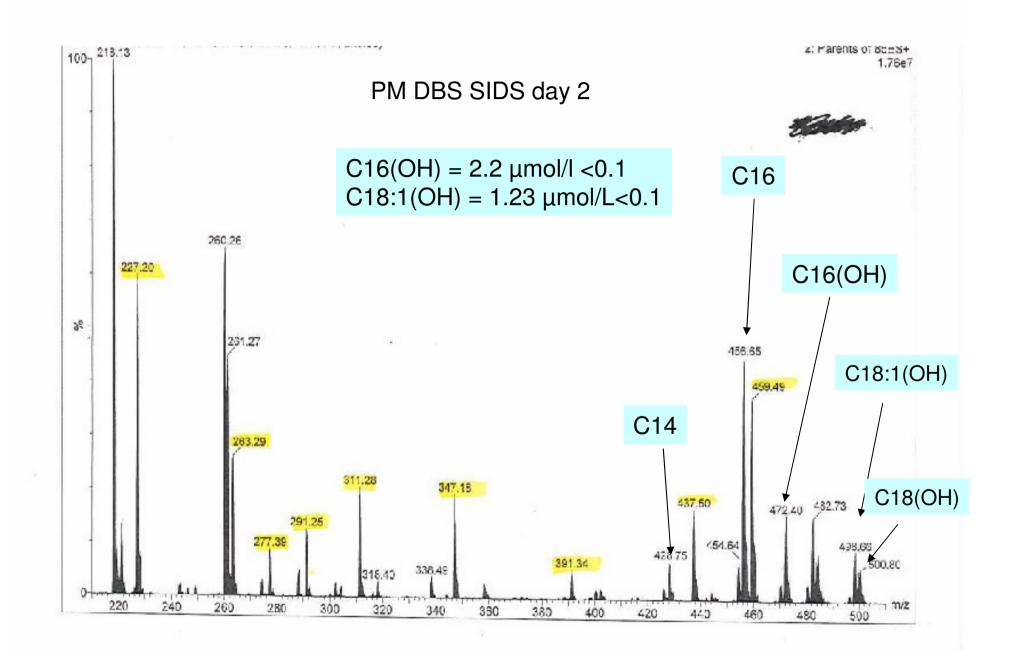


Post mortem sample



Sample from surviving Twin





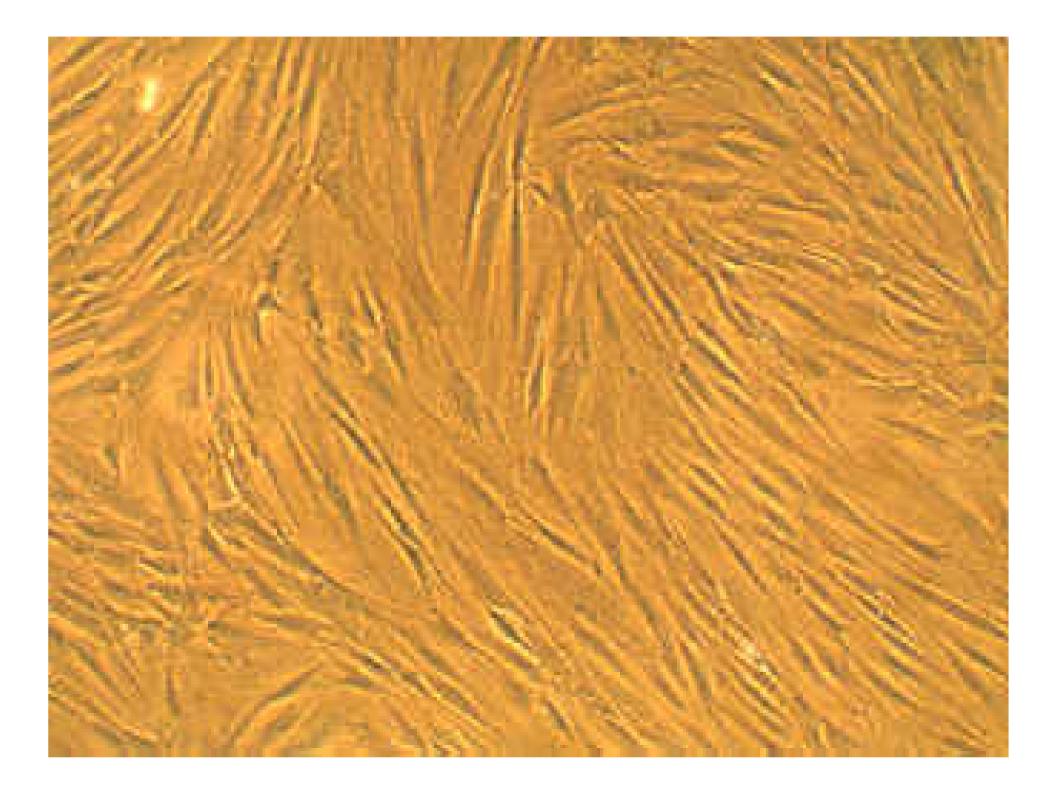
Fatty acid oxidation

- Myristate = 42%
- Palmitate = 27%
- Oleate = 16%
- Common G1528C LCHAD mutation not found
- LCHAD 36 (34-114) nmol/mg/min
- LC thiolase 2 (58-110)
- HADHB gene c.1292T.C plus c.1301C>T
- Mitochondrial Trifunctional Protein deficiency

POSTMORTEM DIAGNOSES 1989-2012 at SCH on fibroblasts

Number

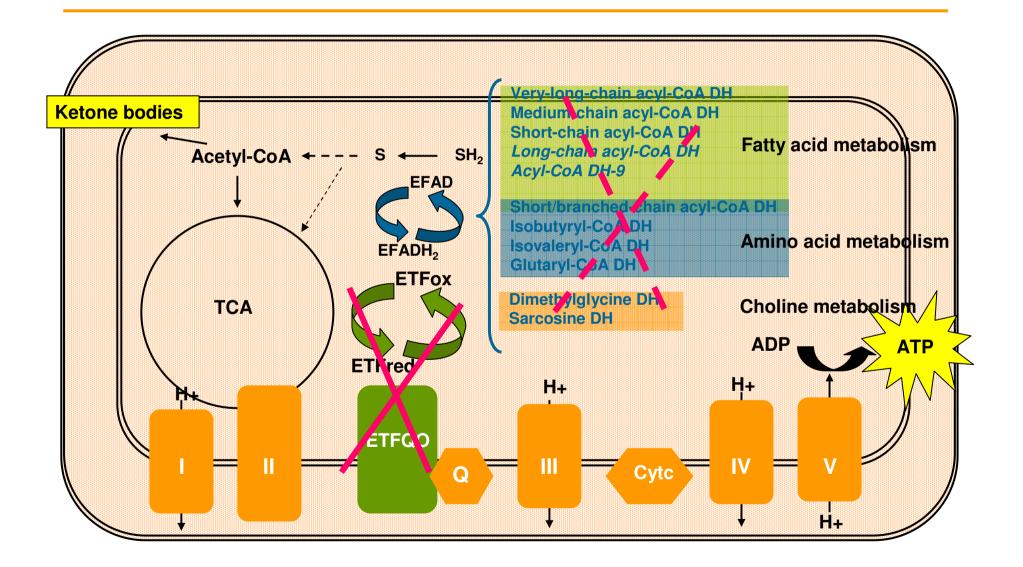
Respiratory chain defect	15
Multiple acyl-CoA dehydrogenase defect (severe)	12
Medium-chain acyl-CoA dehydrogenase defect	10
Carnitine palmitoyltransferase deficiency Type II	8
Very long-chain acyl-CoA dehydrogenase defect	7
Long-chain 3-hydroxyacyl-CoA dehydrogenase deficiency	7
Carnitine-acylcarnitine translocase	4
Mitochondrial trifunctional protein deficiency	4
Fumarate hydratase deficiency	2
Methylmalonic aciduria	2
Zellweger spectrum	2
Argininosuccinic aciduria	1
Carnitine palmitoyltransferase deficiency type I	1
Glutaric aciduria type I	1
Glutathione synthase deficiency	1
GSD IV	1
Isovaleric acidaemia	1
Congenital disorder of glycosylation type 1	1
Primary carnitine deficiency	1
Pyruvate dehydrogenase deficiency	1
X-linked adrenoleucodystrophy	1
Total diagnoses	83
Total number of post mortem cell lines	1211



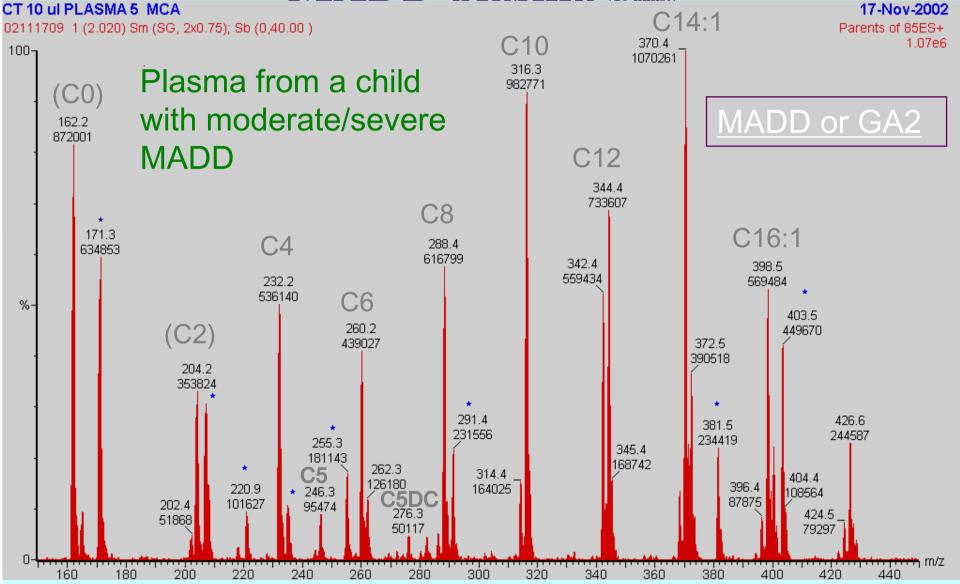
Multiple acyl-CoA dehydrogenase deficiency MADD

- Defect of fatty acid & amino acid catabolism
- Severe neonatal / infantile /milder phenotype
- Hypoglycaemia, acidosis, hypotonia, liver disease, cardiomyopathy

The Biochemical defect in MADD



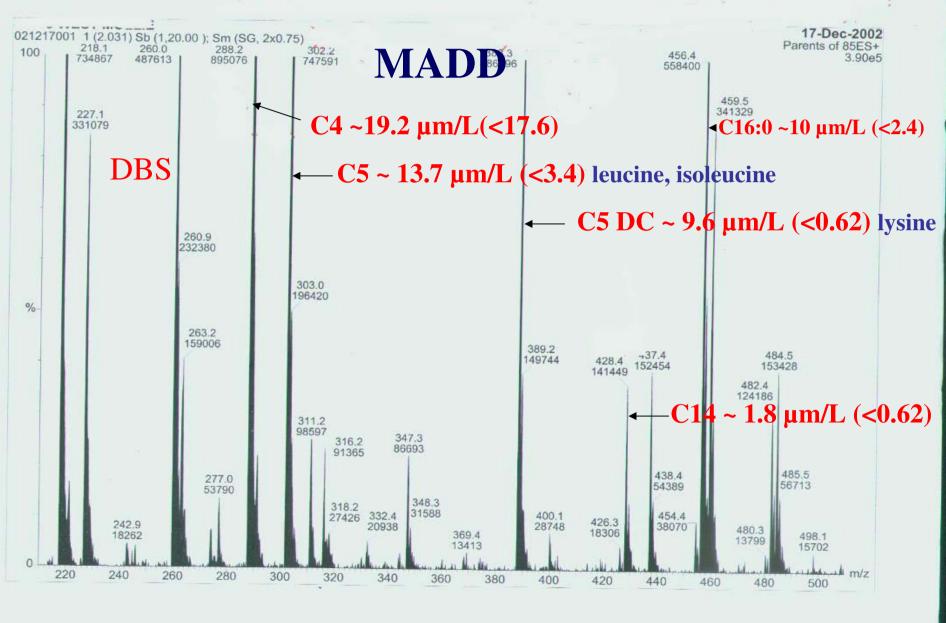
MADD plasma (10 mins!)



M W 19/12/02

- Appeared normal at birth
- Sent home on day 1
- Died during car journey home

Post mortem sample



Tritium release from labelled [9,10-³H] substrates

[9,10-³H]Myristic acid (C14:0) CH₃ CH₂ CH₂ CH₂ CH₂ CH₂* CH₂* CH₂ C

[9,10-³H]Palmitic acid (C16:0) CH₃ CH₂ (CH₂) ₃ CH₂ CH₂* CH₂* CH₂ C

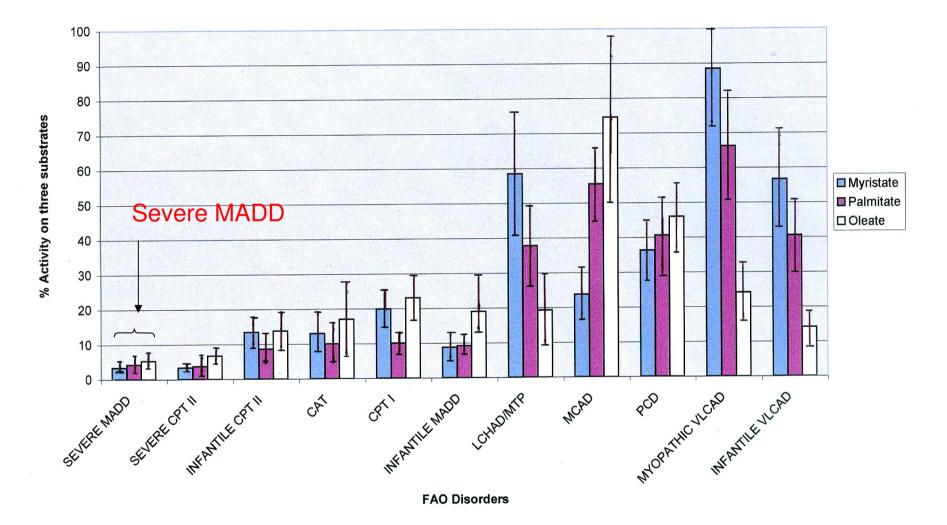
[9,10-³H]Oleic acid (C18:1) CH₃ (CH₂)₅ CH₂ CH₂ CH₂ CH^{*} CH^{*} CH₂ C

Confirmation in fibroblasts MW

- Myristate = 3%
- Palmitate = 3%
- Oleate = 2%
- % of simultaneous normal controls
- Consistent with severe MADD

% residual activity for M/P/O for various FAOD's

Pattern recognition in FAO

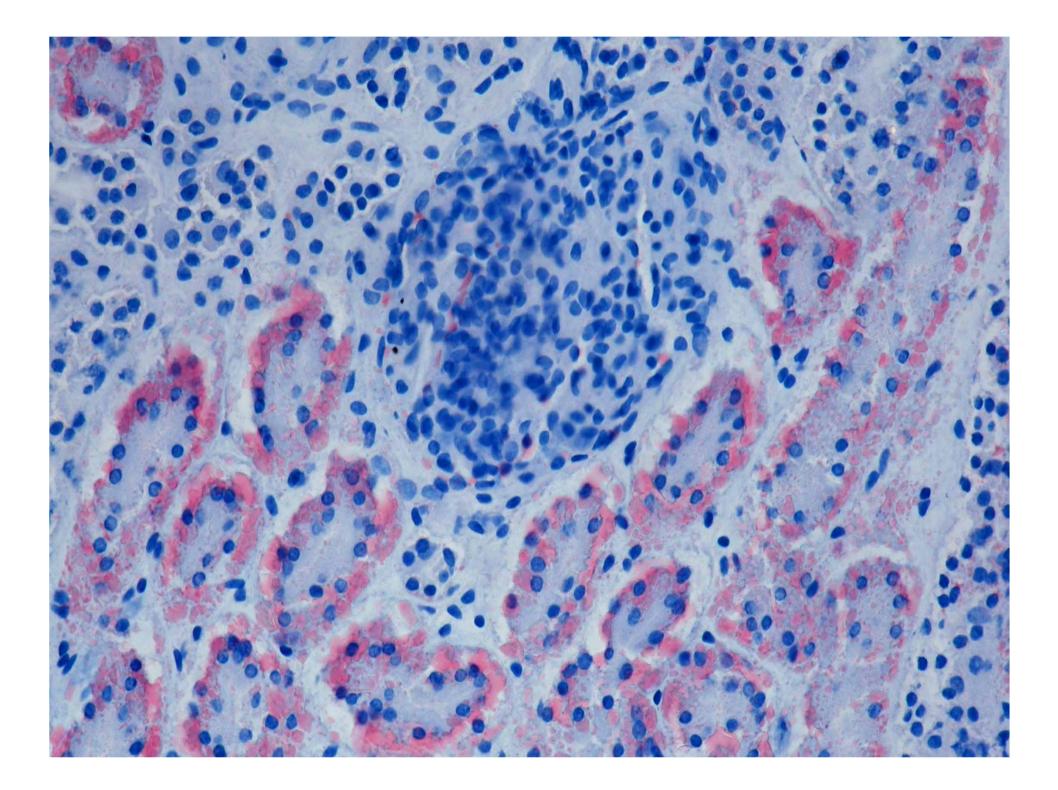


M W 19/12/02

- Two subsequent prenatals on amniotic fluid / cultured amniocytes
 - 1 affected
 - 1 unaffected

MK 14/12/04

- Sudden death at 3 days
- PM findings
 - gross deposition of fat in liver
 - fat deposition in renal tubules

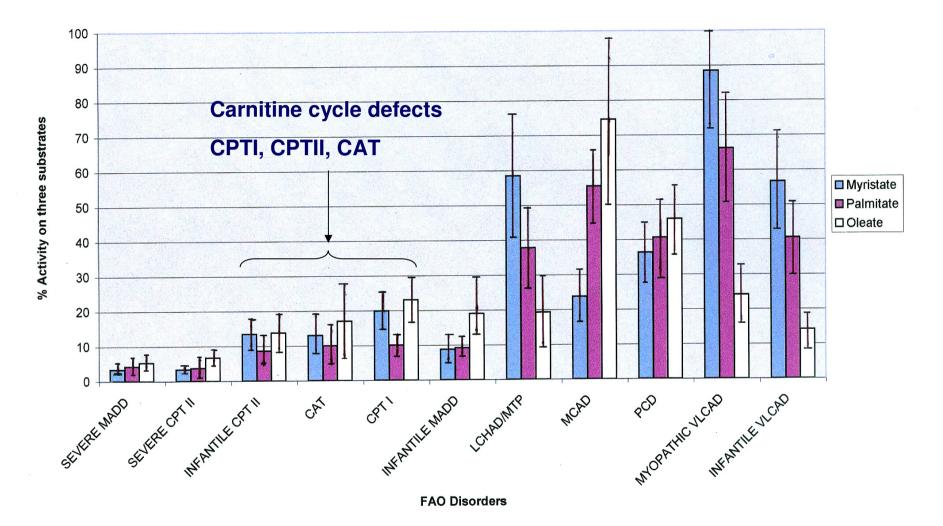


MK 14/12/04

- Fatty acid oxidation flux in cultured fibroblasts (% of controls)
 - Myristate 5%
 - Palmitate 1%
 - Oleate 8%
 - Octanoate 196%
 - β-oxidation is intact for medium chain substrates which are independent of the carnitine cycle (CPTI, CPTII, CAT)

% residual activity for M/P/O for various FAOD's

Pattern recognition in FAO

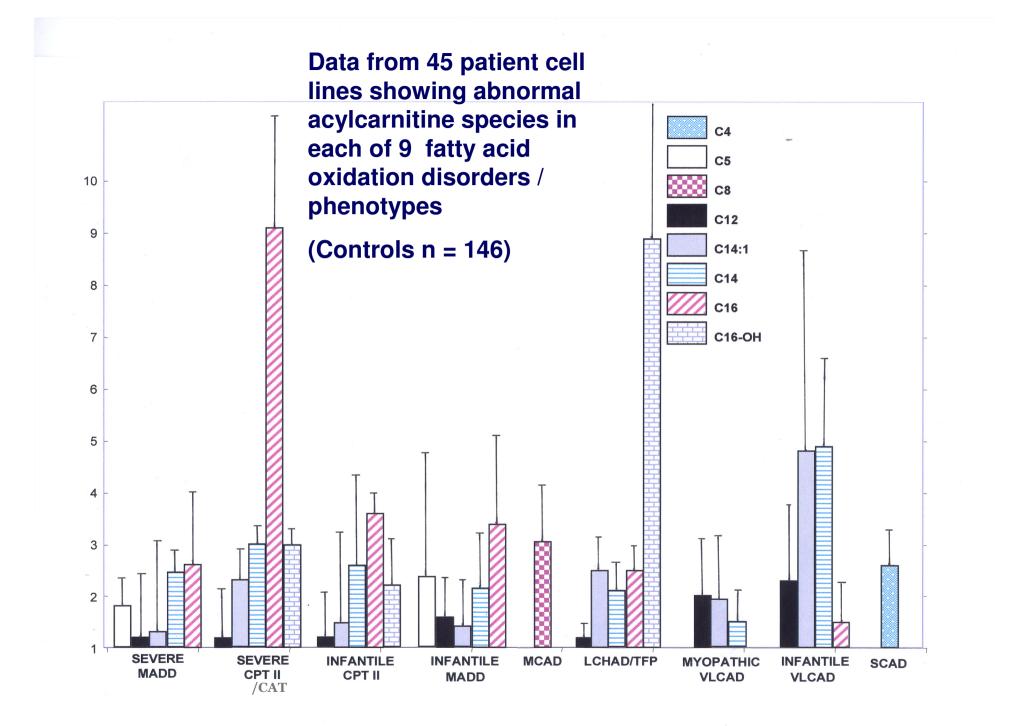


Fibroblast Acylcarnitine Profiling

- Non-radioactive methodology
- Easier analysis of end product (MS/MS)
- Improved specificity

Principle of method

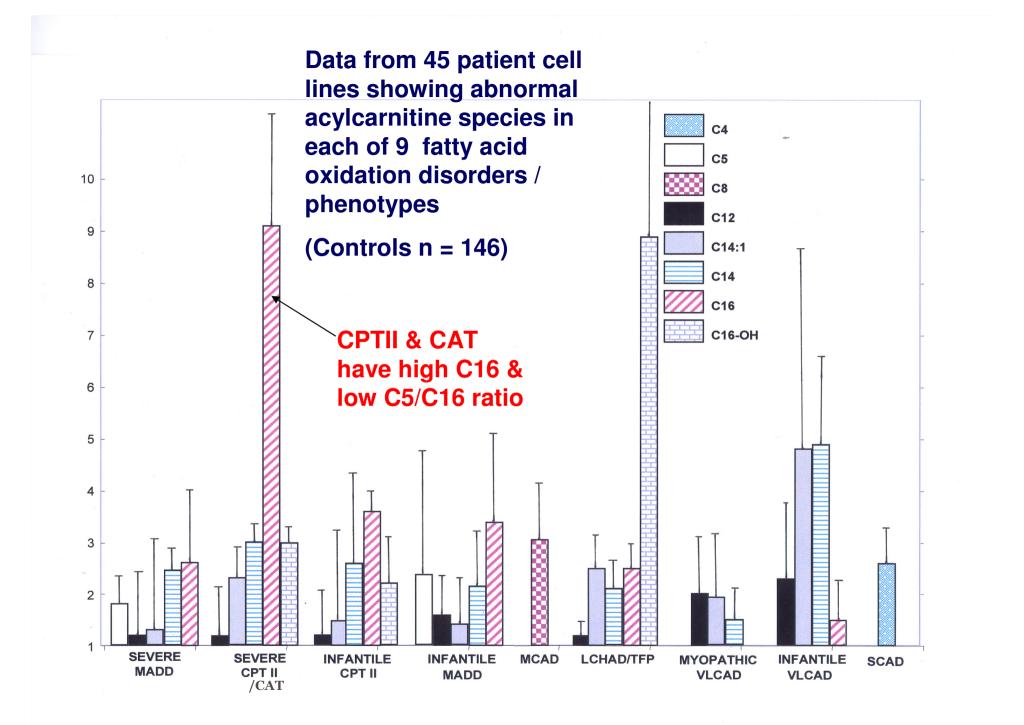
- Plate fibroblasts into multi-well plates
- Settle overnight
- Add substrate
 - Fatty acid plus carnitine
 - e.g. 200μm/L palmitate, 400 μm/L carnitine
- Incubate for 72-96 hours
- Analyse acylcarnitine profile of medium on MS/MS
- Adjust for fibroblast protein concentration



Acylcarnitine profiling in fibroblasts from MK

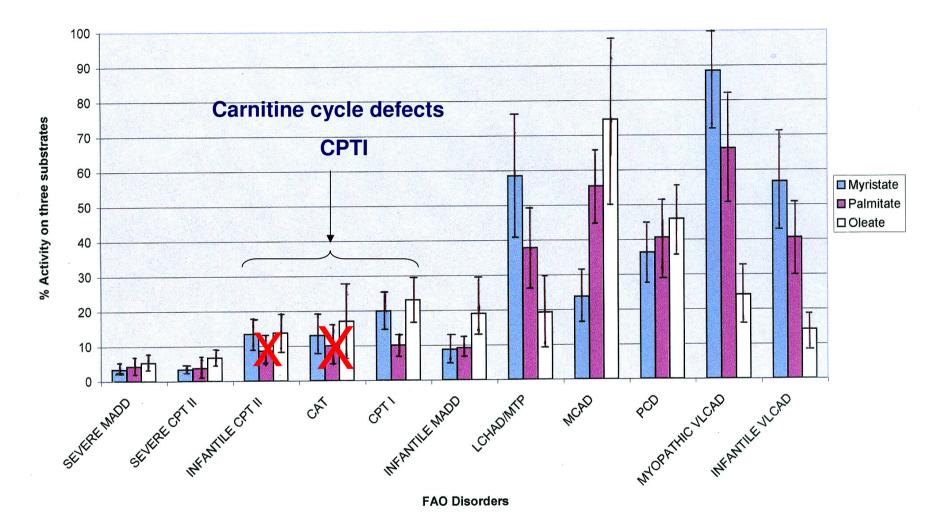
No increase in any acylcarnitine species
 No abnormality of β-oxidation spiral !

?? Defect of getting long-chain acylcarnitine into mitochondria
i.e. CPT I, CPT II, CAT



% residual activity for M/P/O for various FAOD's

Pattern recognition in FAO



MK has low C16 & high C5/C16 ratio in fibroblasts = CPTI			
Acylcarnitine	Patient MK	Controls (n=70) Mean ± 2 SD	Positive CPTI controls N=5
C16	0.06	0.15 - 1.25	0.07; 0.15; 0.08; 0.16
C5/C16 ratio	15.5	0.13 – 1.01	6.1; 3.6; 5.1; 2.3

Family of MK

- Subsequent baby tested positive for CPTI
- Low long-chain fat diet
- MCT supplementation with 1 carbohydrate
- Avoidance of fasting
- Emergency regimen when unwell
- Infant doing fine!

Advantages of fibroblasts

- Easy to obtain and grow
 - Post mortem , repeat assays, storage,
- Less subject to secondary factors
- deterioration, nutrition, clinical state
- Flux assays (intact cells)
 - overall measure of many pathways using labelled substrates
- Specific enzyme assays e.g. CPTI, CPTII, CAT

Acknowledgements Clinical Chemistry Histopathologists

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