Newborn Screening with Acylcarnitines

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Newborn Screening in England

Bloodspot sample at 5 days
PKU

- Congenital Hypothyroidism
- Cystic Fibrosis
- Sickle Cell Disease
- MCADD
- Pilot Expanded panel of 5 conditions

Expanded Panel

IVA
GA-1
LCHADD
MSUD
Homocystinuria

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Looking at healthy population
Well babies, no clinical suspicions
Not crisis samples

Screening Acylcarnitine Methodology

3mm punch from dried bloodspot
Elute into methanolic internal standard
Underivatised MRM for target analytes

Acylcarnitines by MRM for:

Condition	Primary analyte	Secondary analyte
MCADD	C8 (288→85)	C10 (316→85)
IVA	C5 (246→85)	
GA-1	C5DC (276→85)	
LCHADD	C16:OH (416→85)	

Screening cut-offs

Maximise case detection
Minimise false positives
Cut-offs much higher than population normal values

Population and screening values

Analyte	Population mean	Screen cut-off	Metabolic Iab ULN
C5	0.10	1.00	0.6
C5DC	0.11	0.70	0.1
C8	0.06	0.50* + ratio >1.0	0.3
C10	0.07	n/a	0.3
C16OH	0.01	0.15	0.05

* Local variation – all C8 >1.0 referred

Positive sample follow up

Repunch in duplicate (underiv MRM)
 Elevated result refuted

 Investigate cause of spurious elevation

 Elevated result confirmed

 Full acylcarnitine scan (underiv)
 Clinical referral – screening specialist nurse involvement

Diagnostic testing

Disorder	Diagnostic Testing
MCADD	ACCRN, OA, DNA (G985)
IVA	ACCRN, OA, benign mutation
GA1	ACCRN, OA, DNA if biochem normal/equiv
LCHADD	ACCRN, OA, DNA (G1528C), enzyme

Positive predictive values

Screen	PPV	Sensitivity
MCADD	80%*	
IVA	30%	100%
GA1	42%	100%
LCHADD	50%	100%

* 2005 value before ratio included in protocol

MCADD screening

Screen pilot began 2004
6 centres covering 300,000 births
Initially C8 and C0
Now C8 and C10 – ratio involved in referral decision

Full implementation in England from 2009

MCADD: what we've learnt

Carriers

- MAD (GA2)
- 288 interference
- Early samples
- Asymptomatic patients
- Uncertain significance of screeningassociated mutations

Expanded Panel

- Pilot began in July 2012
- 6 labs included
- Approx. 430,000 babies
- Runs until July 2013
- Anticipate 18-20 true positives
- Extension until March 2014 to allow evaluation to be completed
- Still a learning curve

• 4 referrals so far

Potential pitfalls:
 Antibiotics
 SBCAD
 GA2

GA1

No referrals so far

 C6-OH interference - confirm elevated level by derivatised scan

LCHADD

- 1 case so far sib identified before screening
- Normal values on treatment
 - ○(Screen C16:OH 0.13 cut-off at time was slightly higher)

http://www.expandedscreening.org/home/ disorder-lchadd-video.asp

Thank you for listening